

## **Guidelines for filling in Log book:**

- The log book enables one to keep a detailed record of any interventions done with clients in the mandatory additional year prior to starting the 2 years supervised practice required prior to warranting. It would be preferable if these interventions were related to the specialty that one has studied in and is hoping to later apply for warranting.
- Entries are made after every client contact session (individual or group). Supervision is required after every 6 sessions.
- Although it is possible to have more than 1 supervisor, the main one (at least 50% of supervision sessions) should be in the specialty that one has the Masters in.
- The supervisor enters feedback after every 6 sessions in the 'Supervisor's Comments' section after discussing the log book entries and reflecting on the actual supervision session.
- The Post-Supervision Section is for the person to record what has been learnt after reflecting on themselves, their work with clients and the supervision session.

## Log Book for Board approved 1 year Masters in Health and Forensic Psychology

<b>Case/Session No</b>	<b>Date</b>	<b>Duration</b>	<b>Nature of Session* (under Supervision)</b>	<b>Main Themes Explored</b>	<b>Post-Session Reflection</b>

\*Group support, psycho education, assessments/or therapeutic intervention, individual session

**Supervisors' Comments:**

**Post-Supervision reflections:**